

The "Scale Thing" (Excerpt from the Clarinet Gym Warm-up Series from Clarinet Mentors)

Divide each scale into two 4-note groups.

Play each 4-note pattern about 5 times, or until it feels "easy and familiar".

Once both 4-note patterns feel easy, group them into an 8-note pattern, and play this until it feels easy.

The more unfamiliar scales may need to be practised in 4-note patterns daily until they feel automatic.

Never play the scales faster than you can do well. (You don't want to program mistakes...)

Once each scale feels comfortable, then play 2 scales at a time, then 4, and eventually, play the entire Scale Thing Pattern by memory.

To expand this, play multiple octaves, and increase your tempo.